

## Risk Assessment Inventory: Substance Abuse

The following risk factors may be indicators of existing or developing problems. These should be considered by the service coordinator, service provider, and other Team members when assessing and planning for risk mitigation. Referrals for further evaluation by clinicians or the regional center's Clinical Team may be needed to diagnose a specific condition or otherwise address consumer risk. ***This inventory is not intended to take the place of a professional diagnosis conducted according to accepted standards of clinical practice.***

Check if yes	Risk Factors
<b>Frequent Intoxication</b>	
	Does the consumer report or appear to be frequently high or intoxicated?
	Do the consumer's social activities focus on drinking or other drug use, including obtaining, using and recovering from use?
	Has the consumer ever expressed his/her concerns about needing to cut down on use of drugs or alcohol?
<b>Atypical Social Settings</b>	
	Does the consumer's immediate peer group encourage substance abuse?
	Is the consumer socially isolated from others and is substance abuse occurring alone?
	Is the consumer reluctant to attend social events where chemicals won't be available?
<b>Intentional Heavy Use</b>	
	Does the consumer use alcohol with prescribed medications?
	Does the consumer use more alcohol than is safe in light of prescribed medications or compromised tolerance?
	Does the consumer have an elevated tolerance, evidenced by use of large quantities of alcohol or other drugs without appearing intoxicated?
<b>Symptomatic Drinking</b>	
	Are there predictable patterns of use which are well known to others?
	Is there a reliance on drugs or alcohol to cope with stress?
<b>Psychological Dependence</b>	
	Does the consumer rely on drugs or alcohol as a means of coping with stress or problems?
<b>Health Problems</b>	
	Are there medical conditions which decrease tolerance or increase the risk of substance abuse problems?
	Are there recurring bladder infections, chronic infections, bed sores, seizures, or other medical conditions which are aggravated by repeated alcohol or other drug use?
<b>Job Problems</b>	
	Has the consumer missed work or gone to work late due to use of alcohol or other drugs?

Check if yes	Risk Factors
<b>Problems with Significant Others</b>	
	Has a family member or friend expressed concern about the consumer's use of alcohol or drugs?
	Have important relationships been lost or impaired due to substance abuse?
<b>Problems with Law or Authority</b>	
	Has the consumer been in trouble with authorities or arrested for any alcohol or drug related offenses?
	Have there been instances when the consumer could have been arrested but wasn't?

**Consumer:** \_\_\_\_\_ **Date:** \_\_\_\_\_